

# FISH AND BEAN CURD ROLLS

## Ingredients

- 300g tenggiri batang fish fillets, remove bones
- 30g instant oats
- 1/2 medium red chilli, chopped
- 30g carrot, cut into 5-6 cm strips
- 3 stalks spring onions, chopped
- 1/2 cup water
- 1/2 tsp white pepper powder
- 1/2 tsp salt
- 3 sheets (approx. 45 cm x 20 cm) bean curd sheets (fucuk)
- 30g celery, cut into 5-6 cm strips

